



# FFC



INVITATION TO THE INTERNATIONAL WAKO KICKBOXING CHAMPIONSHIP  
AMONG KIDS AND CADETS IN K1

## «FFC-KIDS 2017 WAKO K1»

4-5 NOVEMBER, TALLINN, ESTONIA  
Sport Gym First Fighting Club (Punane street 69)



Dear friends!

First Fighting Club (FFC) is pleased to officially invite all Kickboxing clubs all over the world to participate in the international **FFC-KIDS 2017 WAKO** tournament in K-1, which will take place from the **4th to 5th of November** in Tallinn, Estonia.

Participation is open for all kickboxing clubs of Estonia and other countries, according to given entry-forms. Participating KIDS and Cadets - in K1 only. **Each club can present several fighters in each weight division.**

*Igor Golubev  
First Fighting Club President*

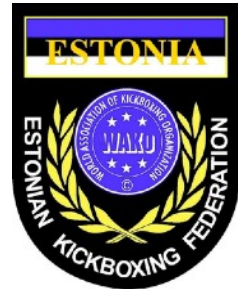
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# FFFC



## AGE AND WEIGHT DIVISIONS, **FFC-KIDS 2017 WAKO K1**

- **KIDS 1 (7 years) - KIDS 1**  
-24, -26, -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, 48+ kg.
- **KIDS 2 (8 years) - KIDS 2**  
-26, -28, -30, -32, -36, -38, -40, -42, -44, -46, -48, 48+ kg.
- **CADETS 1 (9-10 years) - MC1KR**  
-26, -28, -30, -32, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, 57+ kg.
- **CADETS 2 (11-12 years) - MC2KR**  
-28, -30, -32, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, -60, 60+ kg.
- **CADETS 3 (13-14 years) - MC3KR**  
-40, -42, -44, -46, -48, -51, -54, -57, -60, -63,5, -67, 67+ kg.

## REGULATIONS OF THE FIGHTS

**KIDS 1 и 2** - 2 rounds x 1 minute. 1 KD rule is valid.

**CADETS 1** - 2 rounds x 1,5 minutes. 2 KD rule is valid.

**CADETS 2 и 3** - 3 rounds x 2 minutes. 2 KD rule is valid.

## ENTRY FEE FOR COMPETITORS

**Entry FEE for all fighters in all age/weight divisions is 15 EUR.** Payment - during registration (cash only).

## MEDALS AND AWARDING

**1st, 2nd and 3rd** places will get medals and diplomas. Fighters with best technics and the will to win - will be awarded with special prizes.



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## FFC-KIDS 2017 WAKO K1 OFFICIAL SCHEDULE

### FRIDAY, 3 NOVEMBER

<b>18:00 - 19:30</b>	Weight-in and medical check (Estonian clubs)	First Fighting Club (Punane street 69)
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### SATURDAY, 4 NOVEMBER

<b>09:00 - 11:00</b>	Weight-in and medical check (Foreign clubs)	First Fighting Club (Punane street 69)
<b>11:00 - 12:00</b>	Draw	First Fighting Club (Punane street 69)
<b>12:30 - ...</b>	Qualification fights	First Fighting Club (Punane street 69)

### SUNDAY, 5 NOVEMBER

<b>10:00</b>	FINALS	First Fighting Club (Punane street 69)
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## PROTECTION EQUIPMENT FOR K-1

- Boxing gloves, 10 OZ, without laces.
- Head-protection (top of the head must be covered), according to the colour of the corner.  
**Classic boxing helmets are forbidden.**
- Mouth guard (for boys and girls mandatory).
- Groin protection for boys and girls (breast protection for girls).
- Boxing wraps.
- Shin guards (Socks-type shin guard covering shin and instep. Shin guards with metal/plastic elements are forbidden).
- Shorts
- Protective vests for 8-10 year olds competitors (KIDS 1,2 and CADETS 1). Vests will be provided by promoter.

**For all age and weight divisions of FFC-KIDS 2017 WAKO K1 is PROHIBITED to attack the HEAD with a knee.**

## WEIGHT-IN AND MEDICAL CHECK

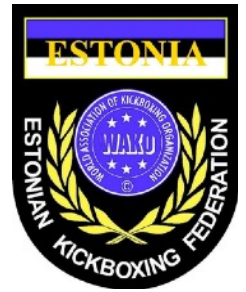
Registration and weighting-in of the fighter will be made after presenting the following documents:

- WAKO sport pass for WAKO members.
- Passport or ID-card for others (non members).
- Valid permit to fight signed by sport doctor.
- Insurance.
- All participants must take visas in Estonian embassies in their countries, **if needed**.
- **15 EUR in cash** for starting fee.

**ATTENTION! Sportsman who will not have a valid permit to fight from a sport doctor will be able to pass the medical check at the place. Price - 5 EUR.**



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## ENTRY-FORMS FOR **FFC-KIDS 2017 WAKO K1**

Preliminary entry-forms (fighters, coaches) should be sent **not later than OCTOBER the 25th** by the e-mail: [wakoest@gmail.com](mailto:wakoest@gmail.com).

### INFORMATION:

Janek Rozov (General secretary of WAKO Estonia): +372 53327695 (*Estonian, Russian, English*).

Igor Golubev (Head promoter, president of FFC): +372 565 9797 (*Russian*).

### *Example of the entry-form:*

CLUB NAME.....  
ADDRESS.....  
COACH.....  
SECOND IN CORNER.....  
SIGNATURE OF THE CLUB'SS PRESIDENT AND SEAL.....

**NB! SUBJECT OF THE E-MAIL MUST BE: REGISTRATION FORM FFC-KIDS, CLUB NAME, COUNTRY**

*Example: Registration form FFC KIDS, First Fighting Club, Estonia.*

## HEAD REFEREE AND PROTESTS

**FFC-KIDS 2017 WAKO K1** competition is held under WAKO rules, which can be found on <http://wakoweb.com>. Chief Referee - Mr. DENIS LAHTIKOV (+372 5346 6030, [denislahtikov@gmail.com](mailto:denislahtikov@gmail.com)). Protests during the competition - on the name of Chief Referee with pledge 100 EUR no later than 30 minutes after the fight. Final decision will be given by the member of the appeal committee.

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