



FFC



«FFC-OPEN 2017»

**INVITATION TO THE INTERNATIONAL WAKO KICKBOXING CHAMPIONSHIP
IN K1 and KICK LIGHT.**

DECEMBER 16-17th, 2017, TALLINN, ESTONIA
TTÜ SPORT HALL (Männiliiva Str.7/Ehitajate Str.4)



Dear friends!

First Fighting Club (FFC) is pleased to officially invite all Kickboxing clubs all over the world to participate in the international WAKO FFC-OPEN 2017 tournament in K-1 and Kick Light, which will take place from the 16th to 17th of December in Tallinn, Estonia.

FFC-OPEN 2017 is the 4th tournament in its series, which gets bigger each year. In 2016 over 200 competitors from 8 countries took part in FFC-OPEN.

Tournament promoter First Fighting Club (FFC) guarantees the most comfortable conditions for all competitors. Fights will take place in 2 rings and 1 tatami. International judges and referees will serve the tournament.

[FFC-OPEN PROMO VIDEO](#)

*Igor Golubev
First Fighting Club President*

MTÜ First Fighting Club

Reg.kood 80359301

Punane 69, 13619,

Tallinn Estonia

Swedbank

IBAN: EE042200221058024312

Tel: +372 565 9797

Email: igorkudo@mail.ru

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OFFICIAL SCHEDULE

FRIDAY, 15TH OF DECEMBER

Arrival of all teams and judges to «DZINGEL» Hotel (Headquarter), Männiku street 89, Tallinn, Estonia (<http://dzingel.ee>).

15:00 - 17:00	Weight Control and Medical Check (Only Estonian clubs)	Official Hotel «DZINGEL», 2nd floor.
17:00 - 18:30	Weight Control and Medical Check (Foreign clubs)	Official Hotel «DZINGEL», 2nd floor.
18:30 - 20:00	Official Draw	Official Hotel «DZINGEL»

SATURDAY, 16TH OF DECEMBER

09:30	Bus Transfer	Hotel «DZINGEL» - TTÜ Sport Hall (Männiliiva Str.7)
11:00 - 11:30	Official Opening Ceremony	Official Hotel «DZINGEL», 2nd floor.
11:30 - 18:00	Qualification fights	TTÜ Sport Hall
18:30	Bus transfer	TTÜ Sport Hall (Männiliiva Str.7) - Hotel «DZINGEL»

SUNDAY, 17TH OF DECEMBER

09:30	Bus Transfer	Hotel «DZINGEL» - TTÜ Sport Hall (Männiliiva Str.7)
11:00 - 17:00	FINALS	TTÜ Sport Hall
17:00	Awarding ceremony	TTÜ Sport Hall
18:00	Bus transfer	TTÜ Sport Hall (Männiliiva Str.7) - Hotel «DZINGEL»

TTÜ SPORT HALL website: <http://www.ttu.ee/sport/spordiveeb/spordiorganisatsioonid/ou-ttu-sport-2/galerii-27/>

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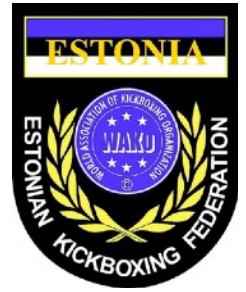
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PARTICIPATION

All kickboxing clubs of Estonia and other countries, according to given entry-forms. Participating SENIOR, JUNIORS, CADETS and KIDS - in Rings Sports (K-1) and Kick Light. Each club can present several fighters in each weight division. **It's strictly prohibited to participate in Ring Sports and Tatami Sports simultaneously.**

PROTECTION EQUIPMENT FOR K-1

- Boxing gloves, 10 OZ, without laces.
- Head-protection (top of the head must be covered), according to the colour of the corner. **Classic boxing helmets are forbidden.**
- Mouth guard (for male and female mandatory)
- Groin protection (breast protection for female fighters).
- Boxing wraps.
- Shin guards (Socks-type shin guard covering shin and instep. Shin guards with metal/plastic elements are forbidden).
- Ankle support.
- Kickboxing shorts (Muay Thai symbolic is forbidden).
- Protective vests for 8-10 year olds competitors (KIDS and CADETS 1). Vests will be provided by promoter.

PROTECTION EQUIPMENT FOR KICK LIGHT

- Boxing gloves, 10 OZ, without laces.
- Head-protection (top of the head must be covered), according to the colour of the corner. **Classic boxing helmets are forbidden.**
- Mouth guard (for male and female mandatory).
- Groin protection for male fighters (breast protection for female fighters).
- Boxing wraps.
- Shin guards (Ordinary shin guard, must cover the shinbone from under the knee to the top of the feet. Shin guards with metal/plastic elements are forbidden).
- Kickboxing shorts (Muay Thai symbolic is forbidden).
- Foot protection (Foot protection covers completely the fighter's feet and toes).
- T-Shirt

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AGE AND WEIGHT DIVISIONS, FFC OPEN (Ring Sports, K-1)

- **KIDS 1 (8 year-olds)**
-26, -28, -30, -32, -36, -38, -40, -42, -44, -46, -48, 48+ kg.
- **CADETS 1 (9-10 year-olds) - MC1KR**
-26, -28, -30, -32, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, 57+ kg.
- **CADETS 2 (11-12 year-olds) - MC2KR**
-28, -30, -32, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, -60, 60+ kg.
- **CADETS 3 (13-14 year-olds) - MC3KR**
-40, -42, -44, -46, -48, -51, -54, -57, -60, -63,5, -67, 67+ kg.
- **YOUNGER JUNIORS MALE (15-16 year-olds) - MYJKR**
-42, -45, -48, -51, -54, -57, -60, -63,5, -67, -71, -75, -81, 81+ kg.
- **YOUNGER JUNIORS FEMALE (15-16 year-olds) - FYJKR**
-36, -40, -44, -48, -52, -56, -60, 60+ kg.
- **SENIORS MALE (19-40 year-olds), OLDER JUNIORS MALE (17-18 year-olds) - MKR/ MOJKR**
-51, -54, -57, -60, -63,5, -67, -71, -81, -86, -91, +91 kg.
- **SENIORS FEMALE (19-40 year-olds), OLDER JUNIORS FEMALE (17-18 year-olds) - FKR/ FOJKR**
-48, -52, -56, -60, -65, -70, 70+kg.

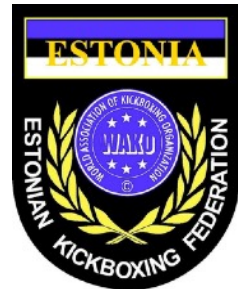
FOR KIDS, CADETS 1, CADETS 2 and CADETS 3 is prohibited to attack the HEAD with a knee.

AGE AND WEIGHT DIVISIONS, FFC OPEN (Kick Light)

- **CADETS 1 (7-8 year-olds) - MYC1KL**
-20, -24, -28, -32, -37, -42, -47, 47+ kg.
- **CADETS 2 (9-10 year-olds) - MYC2KL**
-24, -28, -32, -37, -42, -47, 47+ kg.
- **CADETS 3 (11-12 year-olds) - MYC3KL**
-28, -32, -37, -42, -47, 47+ kg.
- **OLDER CADETS MALE(13-15 year-olds) - MOCKL**
-42, -47, -52, -57, -63, -69, 69+ kg.
- **OLDER CADETS FEMALE(13-15 year-olds) - FOCKL**
-42, -46, -50, -55, -60, -65, 65+ kg.
- **SENIORS MALE (19-40 year-olds), JUNIORS MALE (16-18 year-olds) - MKL/MJKL**
-57, -63, -69, -74, -79, -84, -89, -94, +94 kg.
- **SENIORS FEMALE (19-36 year-olds), JUNIORS FEMALE (16-18 year-olds) - FKL/FJKL**
-42, -46, -50, -55, -60, -65, 65+kg.



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WEIGHT-IN AND MEDICAL CHECK

Registration and weighting-in of the fighter will be made after presenting the following documents:

- WAKO sport pass for WAKO members.
- National pass (ID-card, Passport, Driving license) for others (non members).
- Valid permit to fight signed by sport doctor.
- Insurance.
- All participants must take visas in Estonian embassies in their countries **if needed**.
- Money **in cash** for starting fee.

ATTENTION! Sportsman who will not have all required documents won't be able to take part in the tournament. Head coaches and representatives of the teams are fully responsible for their athletes.

ENTRY FEE FOR COMPETITORS

ENTRY FEE for all fighters in all disciplines and age/category divisions is **25 EUR**. Payment - during the registration **in cash**).

MEDALS AND AWARDING

Awarding ceremony will take place on 17th of December. The winners will get medals and diplomas. Special prizes (best technics, best fighter etc.) for KIDS, CADETS, JUNIORS and SENIORS. TOP 3 Clubs will get the cups.

HEAD REFEREE AND PROTESTS

FFC-OPEN 2017 competition is held under WAKO rules, which can be found on <http://wakoweb.com>. HEAD-Referee - Mr. YURY LAKHTIKOV (+372 5026326, juri@roverbalt.ee).
Protests during the competition - on the name of Chief referee with pledge 100 EUR no late than 30 minutes after the fight. Final decision will be given by the member of the appeal committee.

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ENTRY-FORMS

Preliminary entry-forms (fighters, coaches, team staff, judges/referees) should be sent **no later than DECEMBER the 1st** by the e-mail: wakoest@gmail.com.

INFORMATION:

Janek Rozov (General secretary): +372 53327695 (*Estonian, Russian, English*).
Igor Golubev (Head promoter, FFC Club President): +372 565 9797 (*Russian*).

Preliminary entry-forms are needed to know the exact quantity of medals.

Example of entry-form:

NAME OF THE CLUB.....
ADDRESS.....
COACH.....
SECOND IN CORNER.....

DATE OF ARRIVAL.....

In the application all accompanying persons must be specified (needed for the accreditation). Any team can provide one judge of the national category WAKO. Please note, that **judge should be registered also!** Payment for the judges will be done according to the Estonian Kickboxing Federation prices.

SIGNATURE OF THE CLUB'S PRESIDENT AND SEAL.....

NB! SUBJECT OF THE EMAIL MUST BE: REGISTRATION FORM, CLUB NAME AND COUNTRY.

Example: Registration form, First Fighting Club, Estonia.

TICKET PRICE FOR SPECTATORS - 5 EUR (2 days).

REGULATION OF THE FIGHTS:

KIDS - 2 rounds x 1 minute. 1 KD rule in K-1.

CADETS 1 - 2 rounds x 1,5 minutes. 2 KD rule in K-1.

CADETS 2 and older - 3 rounds x 2 minutes (Cadets 2,3 and younger juniors - 2 KD rule, older juniors and Seniors - 3 KD rule in K-1).

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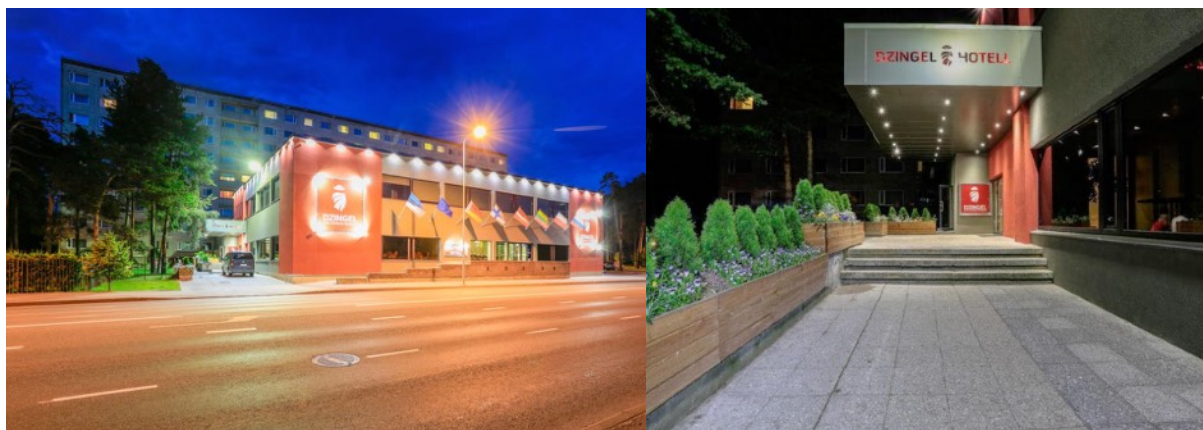


ACCOMMODATION

APPLICATION FOR THE ACCOMMODATION (UP TILL THE 1ST OF DECEMBER).

Organizing committee «FFC-OPEN 2017» offers accommodation in a partner-hotel. Competitors are free to choose any of the packages listed below.

DZINGEL HOTEL * (<http://dzingel.ee>). Contacts: Evgeniya Rudenko - jevgenia@dzingel.ee**



35 EUR per night	SGL	Standard single room
45 EUR per night	TWIN	Standard double room
60 EUR per night	TRIPL	Standard triple room
29 EUR per night	SGL	Budget single room
38 EUR per night	TWIN	Budget double room
53 EUR per night	TRIPL	Budget triple room

All types of rooms include breakfast, free parking, WIFI, morning and evening sauna.

Organizing committee do not guarantee accommodation if the application has been submitted after December the 1st.

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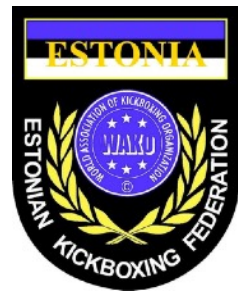
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