



# FFC



INVITATION TO THE INTERNATIONAL WAKO KICKBOXING CHAMPIONSHIP  
AMONG KIDS, CADETS AND YOUNGER JUNIORS IN K1

## «BALTIC-CUP 2018 WAKO K1»

Among kids, cadets and younger juniors

15-16 DECEMBER, TALLINN, ESTONIA  
Sport Gym First Fighting Club (Punane street 69)



Dear friends!

First Fighting Club (FFC) is pleased to officially invite all Kickboxing clubs all over the world to participate in the international **BALTIC-CUP 2018 WAKO** tournament in K-1, which will take place from the **15th to 16th of December** in Tallinn, Estonia. Each club can present several fighters in each weight division.

*Igor Golubev*  
*First Fighting Club President*

MTÜ First Fighting Club

Reg.kood 80359301

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## AGE AND WEIGHT DIVISIONS, **BALTIC-CUP 2018 WAKO K1**

- **KIDS 1 (7 years) - KIDS 1 (boys and girls)**  
-24, -26, -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, -50, 50+ kg.
- **KIDS 2 (8 years) - KIDS 2 (boys and girls)**  
-26, -28, -30, -32, -36, -38, -40, -42, -44, -46, -48, -50, -52, 52+ kg.
- **CADETS 1 (9-10 years) - MC1KR and FC1KR**  
-26, -28, -30, -32, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, 57+ kg.
- **CADETS 2 (11-12 years) - MC2KR and FC2KR**  
-28, -30, -32, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, -60, -63,5, 63,5+ kg.
- **CADETS 3 (13-14 years) - MC3KR and FC3KR**  
-36, -38, -40, -42, -44, -46, -48, -51, -54, -57, -60, -63,5, -67, -71, -75, 75+ kg.
- **YOUNGER JUNIORS (15-16 years) - MYJKR**  
-42, -45, -48, -51, -54, -57, -60, -63,5, -67, -71, -75, -81, 81+ kg.
- **YOUNGER JUNIORS (15-16 years) - FYJKR**  
-36, -40, -44, -48, -52, -56, -60, -60+ kg.

## REGULATIONS OF THE FIGHTS

**KIDS 1 и 2** - 2 rounds x 1 minute. 1 KD rule is valid.

**CADETS 1** - 2 rounds x 1,5 minutes. 2 KD rule is valid.

**CADETS 2 и 3** - 3 rounds x 1,5 minutes. 2 KD rule is valid.

**YOUNGER JUNIORS** - 3 rounds x 2 minutes. 2 KD rule is valid.

## MEDALS AND AWARDING

**1st, 2nd and 3rd** places will get medals and diplomas. Fighters with best technics and the will to win - will be awarded with special prizes.

## **ENTRY FEE FOR SPECTATORS - 5 EUR.**



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## BALTIC-CUP 2018 WAKO K1 OFFICIAL SCHEDULE

### THURSDAY, 13TH OF DECEMBER

18:00 - 20:00	Weight-in and medical check ( <b>Tallinn</b> clubs)	First Fighting Club (Punane 69)
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### FRIDAY, 14TH OF DECEMBER

..... - 17:00	Arrival to the hotel «Ecoland»	
18:00 - 19:00	Weight-in and medical check ( <b>ESTONIAN</b> non-Tallinn clubs)	Hotel «ECOLAND» (Randvere 115)
19:00 - 20:00	Weight-in and medical check ( <b>All international clubs</b> )	Hotel «ECOLAND» (Randvere 115)
20:15 - 21:30	Official draw	Hotel «ECOLAND» (Randvere 115)

### SATURDAY, 15TH OF DECEMBER

11:00 - ...	Qualification fights	First Fighting Club (Punane 69)
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### SUNDAY, 16TH OF DECEMBER

11:00 - ...	Finals	First Fighting Club (Punane 69)
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## PROTECTION EQUIPMENT FOR K-1

- Boxing gloves, 10 OZ, without laces.
- Head-protection (top of the head must be covered), according to the colour of the corner.  
**Classic boxing helmets are forbidden.**
- Mouth guard (for boys and girls mandatory).
- Groin protection for boys and girls (breast protection for girls).
- Boxing wraps.
- Shin guards (Type of accepted shin guards can be found on the picture below (Brand doesn't matter). Shin guards with metal/plastic elements and socks-type used in MUAY-THAY (thin and soft) - are forbidden).



- Kickboxing shorts (MUAY-THAI symbolic is prohibited)
- Protective vests for 7-10 year olds competitors (KIDS 1,2 and CADETS 1). **Vests will be provided by promoter.**

**FOR KIDS AND CADETS (1,2 and 3) it is PROHIBITED to attack the HEAD with a KNEE.**



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## WEIGHT-IN AND MEDICAL CHECK

Registration and weighting-in of the fighter will be made after presenting the following documents:

- WAKO sport pass for WAKO members.
- Passport or ID-card for others (non members).
- Valid permit to fight signed by sport doctor.
- Insurance.
- All participants must take visas in Estonian embassies in their countries, **if needed**.
- **20 EUR** in **cash** for starting fee.

**ATTENTION! Sportsman who will not have a valid permit to fight from a sport doctor will be able to pass the medical check at the place. Price - 5 EUR.**

## HEAD REFEREE AND PROTESTS

**BALTIC-CUP 2018 WAKO K1** competition is held under WAKO rules, which can be found on <http://wakoweb.com>. Chief Referee - Mr. DENIS LAHTIKOV (+372 5346 6030, [denislahtikov@gmail.com](mailto:denislahtikov@gmail.com)). Protests during the competition - on the name of Chief Referee with pledge 100 EUR no later than 30 minutes after the fight. Final decision will be given by the member of the appeal committee.





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## ENTRY-FORMS FOR **BALTIC-CUP 2018 WAKO K1**

Preliminary entry-forms (fighters, coaches) should be sent **not later than DECEMBER the 5th** by the e-mail: [wakoest@gmail.com](mailto:wakoest@gmail.com).

### INFORMATION:

Janek Rozov (General secretary of WAKO Estonia): +372 53327695 (*Estonian, Russian, English*).

Igor Golubev (Head promoter, president of FFC): +372 565 9797 (*Russian*).

### *Example of the entry-form:*

CLUB NAME.....  
ADDRESS.....  
COACH.....  
SECOND IN CORNER.....  
SIGNATURE OF THE CLUB'SS PRESIDENT AND SEAL.....

**NB! SUBJECT OF THE E-MAIL MUST BE: REGISTRATION FORM BALTIC-CUP, CLUB NAME, COUNTRY**

*Example: Registration form BALTIC CUP, First Fighting Club, Estonia.*

## ENTRY FEE FOR COMPETITORS

**Entry FEE for all fighters in all age/weight divisions is 20 EUR.** Payment during registration in cash.



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## APPLICATION FOR ACCOMMODATION - HOTEL «ECOLAND»



The application for accommodation should be sent **not later than DECEMBER the 5th!**

Single Room - 45 EUR/night  
Double Room - 45 EUR/night  
Triple Room - 65 EUR/night

The application for accommodation should be sent via email: [sveta@ecoland.ee](mailto:sveta@ecoland.ee)

**NB!** In the application form the following should be mentioned: Name of the Club, Country, Number of Guests, Number of Rooms, check-in and check-out dates.

Address of the hotel «Ecoland» - Randvere tee 115, Tallinn, Estonia, 11913

Website of the hotel «Ecoland» - <http://ecoland.ee/>