



Estonian OC



EKBF



FIRST FIGHTING CLUB

OFFICIAL INVITATION  
TO THE INTERNATIONAL WAKO KICKBOXING TOURNAMENT

# BALTIC CUP K1 WAKO 2022



Dear friends,

First Fighting Club invites all Kickboxing clubs all over the world to participate in the international Kickboxing Tournament **“BALTIC CUP K1 WAKO 2022”** among Juniors and Seniors. Tournament will be held from **10th to 11th of December 2022**.

The competition will take place in **Tallinn, Estonia** in sport-hall “FFC GYM”, [Punane 69](#).

Competition is organized by the First Fighting Club, under K1 STYLE amateur kickboxing rules of WAKO, participating teams **must follow the program below**.

*Igor Golubev*  
*First Fighting Club President*

## OFFICIAL SCHEDULE

<b>Timetable can be changed depending on the number of entries.</b>		
<b>Friday, 09.12.2022</b>		
..... - 16:30	• Arrival of foreign teams and judges	<a href="#">FFC GYM, Punane 69</a>
16:30 - 18:30	• Weight-in and medical check (Estonian clubs)	<a href="#">FFC GYM, Punane 69</a>
18:30 - 20:30	• Weight-in and medical check (Foreign clubs)	<a href="#">FFC GYM, Punane 69</a>
21:00 - 22:00	• OFFICIAL DRAW <b>(NO CHANGES AFTER THE DRAW!)</b>	<a href="#">FFC GYM, Punane 69</a>
<b>Saturday, 10.12.2022</b>		
13:30 - 17:30	• Qualification fights of the Baltic Cup K1 WAKO 2022	<a href="#">FFC GYM, Punane 69</a>
<b>Sunday, 11.12.2022</b>		
12:30 - .....	• Baltic Cup K1 WAKO 2022 <b>FINALS</b>	<a href="#">FFC GYM, Punane 69</a>
	• Awarding ceremony	<a href="#">FFC GYM, Punane 69</a>
<b>ENTRY TICKET FOR SPECTATORS - 5 EUR/1 DAY, 10 EUR/2 DAYS</b>		

## OFFICIALS

CHIEF REFEREE	<b>Andrei Majakov</b> <i>International Referee and Judge "A" class</i> <a href="mailto:wakoest@gmail.com">wakoest@gmail.com</a> / +372 5665 6886
PROMOUTER and HEAD OF THE ORGANIZING COMMITTEE	<b>Igor Golubev</b> <i>President of the First Fighting Club</i> <a href="mailto:igorkudo@mail.ru">igorkudo@mail.ru</a> / +372 565 9797 (RU)
All organizational questions	<b>Edgar Mebald</b> <i>General Secretary</i> +372 5884 8885 (EN)
Secretary	<b>JaneK Rozov (09.12)</b> - +372 5332 7695 <b>Dmitri Perjarkov (10-11.12)</b> - +372 552 4959 <a href="mailto:wakoest@gmail.com">wakoest@gmail.com</a>

## WEIGHTING-IN, MEDICAL CHECK and MEDICAL SERVICES

Registration and weighting-in of the fighter will be made after presenting the following documents:

- WAKO sport pass for WAKO members.
- Passport or ID-card for others (non members). **Please note that a 10 EUR fee applies for NON-members of WAKO.**
- Valid permit to fight signed by a sports doctor.
- Health insurance
- All participants must take visas in Estonian embassies in their countries, if needed
- **35 EUR in cash for the starting fee (45 EUR FOR NON WAKO MEMBERS)**

<b>ATTENTION</b>	If sportsmen do not have a medical permit, examination on the spot costs 5 EUR.
<b>ATTENTION</b>	<b>ZERO TOLERANCE DURING THE WEIGHT-IN</b> , each fighter must correspond to his registered weight.
MEDICAL SERVICES	Organizer is responsible for providing medical help to all official members of participating teams during the competition (according to their health-insurance).

## VISA INFORMATION

All participants must take visas in Estonian embassies in their countries if needed. Estonia is a member of the European Union and part of Schengen territory.

## IMPORTANT INFORMATION

All competitors, coaches and officials must follow the code to prevent manipulations before, during and after competition!

**Estonian version**

**English version**

## CLASSES AND WEIGHT DIVISIONS

Competition will be under K1- STYLE WAKO rules only!			
CATEGORY	MALE	FEMALE	REGULATIONS
<b>YOUNGER JUNIORS</b> (15-16 years old)	-42; -45; -48; -51; -54; -57; -60; -63.5; -67; -71; -75; -81; +81 kg.	-36; -40; -44; -48; -52; -56; -60; +60 kg.	3 ROUNDS x 2 MIN, 2 KD RULE
<b>OLDER JUNIORS</b> (17-18 years old)	-51; -54; -57; -60; -63.5; -67; -71; -75; -81; -86; -91; +91 kg.	-48; -52; -56; -60; -65; -70; +70 kg.	3 ROUNDS x 2 MIN, 3 KD RULE
<b>SENIORS</b> (19-40 years old)	-51; -54; -57; -60; -63.5; -67; -71; -75; -81; -86; -91; +91 kg.	-48; -52; -56; -60; -65; -70; +70 kg.	3 ROUNDS x 2 MIN, 3 KD RULE

## ENTRY FORMS

Entry-forms (fighters, coaches) should be **filled** by **NOVEMBER the 25th** by the [FORM](https://forms.gle/EitnHhGmqnt1dGqz8) >  
<https://forms.gle/EitnHhGmqnt1dGqz8>

**NB: Filled forms received from 26th to 28th of November will be additionally charged with extra fee (5 EUR per person). After the 28th of NOVEMBER registration will be CLOSED and no new forms will be accepted!**

**NB: Applications received from 26th to 28th of November will be additionally charged with extra fee (5 EUR per person). After the 28th of NOVEMBER no new applications will be accepted!**

**Starting fee is 35 EUR** per competitor (45 EUR for non-members of WAKO).

Payment must be made during the registration in cash. **Extra fee (5 EUR for each participant) will be charged for every application entered later than the 25.11.2022 deadline.**

If you are bringing a Judge/Referee to the tournament, please notify the Chief Referee. Without notification, he/she won't get paid. All payment will be done according to the rates of Estonian Kickboxing Federation.

## PROTECTION AND EQUIPMENT FOR K-1

- Boxing gloves, 10 OZ, without laces
- Head-protection (top of the head must be covered), according to the color of the corner. Classic boxing helmets are forbidden.
- Mouth guard (for male and female mandatory).
- Groin protection for male and female (breast protection for female).
- Boxing wraps.
- Kickboxing Shorts (**MUAY-THAI symbolic is NOT ALLOWED!**).
- Shin guards (please look at the pictures below to check the allowed shin guards).  
**Shin guards with metal/plastic elements and SOCKS-TYPE are forbidden!**  
**Allowed shin protection can be found below:**



## **RULES and PROTESTS**

Competition is held under amateur WAKO rules, which can be found on <https://wako.sport/rules/>

Protest during the competition is only accepted if **announced by competitors Coach or their representative immediately after the fight and after submitting an official WAKO protest form to the name of Chief referee with a pledge of 100 EUR no later than 10 minutes after the fight**. Final decision will be given by the members of the appeal committee.

## **MEDALS AND AWARDING**

1st, 2nd and 3rd places will get medals and diplomas. Fighters with the best techniques and showing the will to win will be awarded with special prizes.

## **ACCOMMODATION**

**NB! Each team must book accommodation by themselves. Please use the following email - [fom@centerhotel.ee](mailto:fom@centerhotel.ee) or call +372 59812180**

**Center Hotel \*\* - 800m from the Tallinn Old Town**

*Prices **per night**, breakfast included. **Only a limited number of rooms available!***

- **Hostel Twin** (hostel-type room with two single beds and shared bathroom) - **25 EUR**
- **Economy Twin** (economy room with two separate beds and a private bathroom) - **32 EUR**
- **Triple** (standard type room with three single beds and private bathroom) - **47 EUR**
- **Quadruple** (standard room with four single beds and private bathroom) - **54 EUR**