



Invitation EstOpen Ring Types (7-40y)

08.02, Tartu
A.Le Coq Sport Hall (Ihaste tee 7)

The Estonian Kickboxing Federation and the sports club 'KLAN' invite all clubs and individuals involved in kickboxing, Muay Thai, Karate, Taekwondo, and other contact martial arts to participate in the **EstOpen** Kickboxing and K-1 Style championship.

The competitions are organized by the Estonian Kickboxing Federation according to the international WAKO rules. All participants must adhere to according to the program provided below:

10.15 - 11.15	Weigh-in	A.Le Coq Sport Hall (Ihaste tee 7)
11.15 - 12.00	Drawing	A.Le Coq Sport Hall (Ihaste tee 7)
12.00 - ...	Start of the competition (preliminaries, semifinals, finals, award ceremony)	A.Le Coq Sport Hall (Ihaste tee 7)

CATEGORIES AND WEIGHT CLASSES WAKO

KIDS 1 - 7y. (boys and girls)

-24; -26; -28; -30; -32; -34; -36; -38; -40; -42; -44; -46; -48; 48+kg.

KIDS 2 - 8y. (boys and girls)

-24; -26; -28; -30; -32; -34; -36; -38; -40; -42; -44; -46; -48; 48+kg.

CADETS 1 – 9-10y. (boys and girls)

26; -28; -30; -32; -34; -36; -38; -40; -42; -44; -46; -48; -51; -54; -57; 57+kg.

CADETS 2 – 11-12y. (boys and girls)

-28; -30; -32; -34; -36; -38; -40; -42; -44; -46; -48; -51; -54; -57; -60; 60+kg.

CADETS 3 – 13-14y.

boys:

-32; -37; -42; -47; -52; -57; -63; -69; +69 kg.

girls:

-32; -37; -42; -46; -50; -55; -60; -65; +65 kg.

MYJKR - 15-16y. (juniors boys)

-42; -45; -48; -51; -54; -57; -60; -63.5; -67; -71; -75; -81; 81+ kg

FYJKR - 15-16y. (juniors girls)

-36; -40; -44; -48; -52; -56; -60; +60 kg.

MOJKR - 17-18y. (juniors men)

-51; -54; -57; -60; -63.5; -67; -71; -75; -81; -86; -91; 91+ kg

FOJKR - 17-18y. (juniors female)

-48; -52; -56; -60; -65; -70; 70+ kg

MKR - 19-40y. (men)

-51; -54; -57; -60; -63.5; -67; -71; -75; -81; -86; -91; 91+ kg

FKR - 19-40y. (Female)

-48; -52; -56; -60; -65; -70; 70+ kg

RULES

The competitions will be held according to WAKO rule (see www.wakoweb.com and www.wakoest.ee).

Chief referee: Denis Lahtikov

EKBF Secretary: Andrei Majakov, +372 5665 6886

- KIDS 1; KIDS 2: 2 rounds x 60 sec (1 minute rest between rounds, 1 KD rule)
- CADETS 1: 2 rounds x 90 sec (1 minute rest between rounds, 2 KD rule)
- CADETS 2: 2 rounds x 120 sec (1 minute rest between rounds, 2 KD rule)
- CADETS 3: 2 rounds x 120 sec (1 minute rest between rounds, 2 KD rule)
- MYJKR, FYJKR: 2 rounds x 120 sec (1 minute rest between rounds 2 KD rule)
- MKR, FKR, MOJKR, FOJKR: 2 rounds x 120 sec (1 minute rest between rounds 3 KD rule)

Procedure for lodging a protest:

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Rules-12.11.2020.pdf>

AWARD CEREMONY

First, second, and third place will be awarded medals and diplomas. The title of champion and first place is not awarded without competition matches (participants must compete in any case).

MEDICAL SERVICE

- During the competition, competitors are serviced by a specialist in the field of medicine.
- A member of the Estonian Kickboxing Federation must present to the registration committee a WAKO pass containing a valid doctor's decision stating that the competitor MAY participate in Kickboxing competitions.
- Every participant who is not a member of the Estonian Kickboxing Federation must provide a valid medical certificate stating the doctor's approval that the participant MAY compete in kickboxing competitions.

PROCEDURE FOR PREVENTION OF MANIPULATION IN KICKBOXING COMPETITIONS

All athletes and representatives of sports clubs are requested to familiarize themselves with the Procedure for Prevention of Manipulation in Kickboxing Competitions:

https://8911e5a1-439b-487c-9c27-a700a1f89f90.filesusr.com/ugd/88411d_f251783cd9a54510be332a14fd45affc.pdf

NOTIFICATION OF PARTICIPATION IN COMPETITIONS

The lists of participants must be submitted no later than **03.02**. To do this, you need to fill in your details in the web table here:

7-14y.

https://docs.google.com/forms/d/e/1FAIpQLSfo8HgFobaNcb5I56ZOg85XVZVGI8ObW3TKN8MMS2d_q3FLGg/viewform?usp=header

15-40y.

<https://docs.google.com/forms/d/e/1FAIpQLSdE96xxbDSYNV5vatnpdtRO6EpY4OStmcYTDW8kedJEdMD4lw/viewform?usp=header>

NB! Registrations submitted between February 4–6 will incur an additional fee of 10 euros per person. No new registrations will be accepted starting from February 7!

ENTRY FEE:

- 30€ per competitor (for members of the WAKO Kickboxing Federation)
- 40€ per competitor (for non-members of the WAKO Kickboxing Federation)
- **20€ for each subsequent entry.**

ATTIRE Kick-Light:

PROTECTIVE GEAR: headgear, boxing gloves (10 oz), shin guards (see pictures), groin guard, kickboxing shorts, chest protector for women, and mouthguard according to WAKO rules must be brought by the competitors themselves. Vests will be provided by the organizer.

NB! Muay Thai symbols are not allowed.

